

March 2018

Treatment Works!
Support It.

Visit EmberWood Center's Website

<http://emberwoodcenter.org/>

About EmberWood Center

Formerly named *Community Addiction Services of Indiana*, or *CASI*, EmberWood Center offers adult and adolescent outpatient drug, alcohol, and gambling treatment and positive youth-development services designed to prevent substance abuse. Our administrative and therapeutic staff are dedicated to providing education and resources on addiction, an issue that affects people from all walks of life.

Adolescent Treatment

EmberWood Center has been recognized as a leader in understanding the unique needs of adolescents facing substance abuse issues.

Did you know EWC Provides Gambling Treatment?

Contact Us

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ewc@emberwoodcenter.org

Staff Extensions

(Counselor) Ext 1123

Rhonda Battles (Counselor)

Melissa Truax (Counselor)

Emma Jackson (Case manager) Ext 1125

Damaris Franco (Spanish speaking counselor) Ext 1133
(Clinical supervisor) Ext 1126

Sharron Mason (Counselor) Ext 1130

Lori Goins (Executive Director) Ext 1118

Marla Greenway (HR Director/Operations Manager)
Ext 1114

Bessie Smith (Data Entry Specialist) Ext 1117

Raquel Knight (Customer Service) Ext 1100

Se habla español

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Healthcare spending in Medicare households is higher than in non-Medicare households

Medicare offers health and financial protection to nearly 60 million adults ages 65 and over and to younger people with disabilities.

But the high cost of premiums, cost-sharing requirements, and gaps in the Medicare benefit package can result in beneficiaries devoting a substantial share of their total household spending to health care costs.

A new report from the Kaiser Family Foundation, a leading healthcare research institution, showed:

- Health expenses accounted for 14 percent of Medicare household spending in 2016.
- Spending on health expenses as a share of Medicare household spending increased with age (based on the oldest household member).
- Middle-income Medicare households spent more on health than either the lowest- or highest-income Medicare households in 2016.
- Among Medicare households with incomes below 100 percent of poverty, those with all household members also covered by Medicaid spent a considerably smaller share of household expenditures on health care in 2016 than those where no members were covered by Medicaid,
- Nearly 3 in 10 Medicare households spent 20 percent or more of their household spending on health-related expenses in 2016, while only 6 percent of non-Medicare households did so.

EmberWood offers treatment solutions for drugs, alcohol and gambling

EmberWood Center offers three levels of drug/alcohol outpatient treatment services for adults: educational services (Level .5), outpatient treatment services (Level 1), and intensive outpatient treatment services (Level 2). A level .5 Gambling Program is also available for those clients who are in need of gambling treatment services. Clinicians assess each new client to determine appropriate placement.

The first component of our drug/alcohol and gambling outpatient treatment programs consist of the intake/orientation and assessment sessions. During these sessions, clients learn about the program, services, their individual rights and their responsibilities as participants.

Each program component includes a treatment planning session during which the client and EmberWood Center staff negotiate a strategy or plan for addressing the person's needs. The service plan may consist of a mix of individual sessions and groups. We encourage clients to learn about and participate in self-help groups along with the outpatient services that are provided by EmberWood Center.

Educational services (drug/alcohol) consist of a treatment planning session, 12 weekly group sessions over the course of approximately three months, random urine drug screens, one or two

individual/family sessions, and an exit interview that includes discharge planning.

Outpatient treatment services (drug/alcohol) consist of a treatment planning session, two group sessions per week for 12 weeks, three to five individual/family sessions, random drug screens, and an exit interview that includes discharge planning.

The intensive outpatient program (drug/alcohol) includes a treatment planning session, groups three times per week for eight weeks and two times a week for the second eight weeks, three to five individual/family counseling sessions, random urine drug screens, development of a continuing care program, and a discharge planning session.

The gambling program consists of a treatment planning session, 12 weekly individual sessions over the course of approximately three months, random urine drug screens, one or two individual/family sessions if needed, and an exit interview that includes discharge planning.

Some individuals may not participate in all of the services described. We offer relapse prevention services for individuals who have been through a treatment program with us or elsewhere and just need a little support and reinforcement. Our doors are open from 9 a.m. to 8 p.m., providing daytime and evening hours to accommodate various schedules.